



Product Name: Glazed Blueberry Cake Doughnut

Nutrition Facts	
Serving Size 1 Doughnut (71g)	
Servings per Container 1	
Amount per serving	
Calories 300	Calories from Fat 140
% Daily Value	
Total Fat 15g	23%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 210mg	9%
Potassium 50mg	1%
Total Carbohydrates 40g	13%
Dietary Fiber less than 1 gram	2%
Sugars 26g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
*Percent(%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 * Carbohydrates 4 * Protein 4	

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Sugar, Water, Soybean Oil, Blueberry Flavored Bits (Sugar, Corn Syrup, Corn Cereal, Modified Food Starch, Palm Oil, Artificial Flavor, Citric Acid, Red 40 (lake), Blue 2 (lake)). Contains 2% or Less of Each of the Following: Corn Starch, Egg Yolks, Soy Flour, Hydrogenated Soybean Oil, Whey, Natural and Artificial Flavors, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Dextrose, Salt, Sodium Aluminum Phosphate, Tricalcium Phosphate, Lecithin, Mono and Diglycerides, Dried Milk Powder, Cellulose Gum, Sodium Propionate (To Maintain Freshness), BHT, Propylene Glycol Monoesters, Tocopherols); Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides).

Allergens: Wheat, Egg, Milk, Soy

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Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.