



Product Name: Maple Iced Glazed Doughnut

Nutrition Facts	
Serving Size 1 Doughnut (63g)	
Servings per Container 1	
Amount per serving	
Calories 240	Calories from Fat 100
% Daily Value	
Total Fat 11g	17%
Saturated Fat 5g	25%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Potassium 35mg	1%
Total Carbohydrates 34g	11%
Dietary Fiber less than 1 gram	2%
Sugars 21g	
Protein 3g	
Vitamin A 0%	Vitamin C 4%
Calcium 4%	Iron 4%
*Percent(%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 * Carbohydrates 4 * Protein 4	

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Egg Yolks, Cellulose Gum, Calcium Propionate (To Maintain Freshness), Lecithin, Oat Fiber, Ascorbic Acid, Sorbitan Monostearate, Tocopherols), **Maple Icing** (Sugar, Water, Corn Syrup, Natural and Artificial Flavor, Caramel Color, Agar Agar, Potassium Sorbate (To Maintain Freshness), Citric Acid, Mono and Diglycerides, Locust Bean Gum, Yellow 6); **Glaze** (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides).

Allergens: Wheat, Soy, Milk, Egg

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Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.