



**Product Name: Original Glazed Doughnut**

<b>Nutrition Facts</b>	
Serving Size 1 Doughnut (49g)	
Servings per Container 1	
<b>Amount per serving</b>	
<b>Calories</b> 190	Calories from Fat 100
<b>% Daily Value</b>	
<b>Total Fat</b> 11g	<b>17%</b>
<b>Saturated Fat</b> 5g	<b>25%</b>
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Potassium</b> 30mg	<b>1%</b>
<b>Total Carbohydrates</b> 22g	<b>7%</b>
Dietary Fiber less than 1 gram	<b>2%</b>
Sugars 10g	
<b>Protein</b> 3g	
Vitamin A 0%	Vitamin C 4%
Calcium 4%	Iron 4%
*Percent(%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 * Carbohydrates 4 * Protein 4	

**Ingredients: Doughnut** (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Salt, Mono and Diglycerides, Wheat Gluten, Calcium Sulfate, Monocalcium Phosphate, BHT, Dried Milk Powder, Egg Yolks, Cellulose Gum, Calcium Propionate (To Maintain Freshness), Ammonium Sulfate, Ascorbic Acid, Dicalcium Phosphate, Sorbitan Monostearate, Tocopherols, Tricalcium Phosphate, Diammonium Phosphate); **Glaze** (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides).

Allergens: Wheat, Soy, Milk, Egg

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Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.