

GLAZED BLUEBERRY CAKE

08/26/2013

Nutrition Facts

Serving Size 1 Doughnut (80g)

Amount Per Serving

Calories 370 **Calories from Fat** 220

% Daily Value*

Total Fat 24g **37%**

 Saturated Fat 10g **50%**

 Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 210mg **9%**

Total Carbohydrate 39g **13%**

 Dietary Fiber 1g **4%**

 Sugars 27g

 Other Carbohydrate 10g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SUGAR, VEGETABLE SHORTENING (PALM OIL, PARTIALLY HYDROGENATED SOYBEAN OIL, PARTIALLY HYDROGENATED COTTONSEED OIL, COTTONSEED OIL, BHT AND CITRIC ACID), WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, BLUEBERRY FLAVORED BITS (SUGAR, CORN FLOUR, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, CORN STARCH, CORN SYRUP SOLIDS, NATURAL AND ARTIFICIAL FLAVOR, ARTIFICIAL COLOR (RED 40, BLUE 2)), EGG YOLKS, SOY FLOUR, WHEY, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, SOYBEAN OIL, DEXTROSE, BLUEBERRY FLAVOR, SALT, SOY LECITHIN, NON FAT DRY MILK, CALCIUM SULFATE, SODIUM PROPIONATE (TO MAINTAIN FRESHNESS), CELLULOSE GUM, MONO AND DIGLYCERIDES, AGAR, ETHOXYLATED MONO AND DIGLYCERIDES, PROPYLENE GLYCOL MONOESTERS, MODIFIED FOOD STARCH, DISODIUM PHOSPHATE, LOCUST BEAN GUM, PROPYLENE GLYCOL.

Contains Egg, Milk, Soy, Wheat.