

Iced Sugar Free Vanilla Latte-12 fl. oz.-2% Milk

03/19/2013

Nutrition Facts

Serving Size 12 fl. oz. (236g)

Amount Per Serving

Calories 90 **Calories from Fat 35**

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 2.5g **13%**

 Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 90mg **4%**

Total Carbohydrate 12g **4%**

 Dietary Fiber 0g **0%**

 Sugars 9g

 Other Carbohydrate 0g

Protein 6g

Vitamin A 4% • Vitamin C 0%

Calcium 20% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Allergen: Contains Milk.

Iced Sugar Free Vanilla Latte-16 fl. oz.-2% Milk

03/19/2013

Nutrition Facts

Serving Size 16 fl. oz. (334g)

Amount Per Serving

Calories 120 **Calories from Fat 45**

% Daily Value*

Total Fat 5g **8%**

 Saturated Fat 3g **15%**

 Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 125mg **5%**

Total Carbohydrate 16g **5%**

 Dietary Fiber 0g **0%**

 Sugars 12g

 Other Carbohydrate 0g

Protein 8g

Vitamin A 4% • Vitamin C 2%

Calcium 30% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Allergen: Contains Milk.

Iced Sugar Free Vanilla Latte-20 fl. oz.-2% Milk

03/19/2013

Nutrition Facts

Serving Size 20 fl. oz. (433g)

Amount Per Serving

Calories 150 **Calories from Fat 60**

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 4g **20%**

 Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 160mg **7%**

Total Carbohydrate 20g **7%**

 Dietary Fiber 0g **0%**

 Sugars 15g

 Other Carbohydrate 0g

Protein 10g

Vitamin A 6% • Vitamin C 2%

Calcium 35% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Allergen: Contains Milk.

Iced Sugar Free Vanilla Latte-12 fl. oz.-Skim Milk

03/19/2013

Nutrition Facts

Serving Size 12 fl. oz. (236g)

Amount Per Serving

Calories 60 **Calories from Fat 0**

% Daily Value*

Total Fat 0g **0%**

 Saturated Fat 0g **0%**

 Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 80mg **3%**

Total Carbohydrate 12g **4%**

 Dietary Fiber 0g **0%**

 Sugars 9g

 Other Carbohydrate 0g

Protein 6g

Vitamin A 8% • Vitamin C 0%

Calcium 20% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Allergen: Contains Milk.

Iced Sugar Free Vanilla Latte-16 fl. oz.-Skim Milk

03/19/2013

Nutrition Facts

Serving Size 16 fl. oz. (335g)

Amount Per Serving

Calories 80 **Calories from Fat 5**

% Daily Value*

Total Fat 0g **0%**

 Saturated Fat 0g **0%**

 Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 110mg **5%**

Total Carbohydrate 16g **5%**

 Dietary Fiber 0g **0%**

 Sugars 12g

 Other Carbohydrate 0g

Protein 8g

Vitamin A 10% • Vitamin C 0%

Calcium 30% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Allergen: Contains Milk.

Iced Sugar Free Vanilla Latte-20 fl. oz.-Skim Milk

03/19/2013

Nutrition Facts

Serving Size 20 fl. oz. (434g)

Amount Per Serving

Calories 110 **Calories from Fat** 5

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 140mg **6%**

Total Carbohydrate 20g **7%**

Dietary Fiber 0g **0%**

Sugars 15g

Other Carbohydrate 0g

Protein 10g

Vitamin A 10% • **Vitamin C** 0%

Calcium 40% • **Iron** 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Allergen: Contains Milk.