

ORIGINAL GLAZED HOLES CUP 66601

08/29/2013

Nutrition Facts

Serving Size 5 Holes (54g)			
Servings Per Container About 2			
Amount Per Serving			
Calories 200		Calories from Fat 80	
		% Daily Value*	
Total Fat	9g		14%
Saturated Fat	4g		20%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	100mg		4%
Total Carbohydrate	27g		9%
Dietary Fiber	1g		4%
Sugars	13g		
Other Carbohydrate	1g		
Protein	3g		
Vitamin A 0% • Vitamin C 6%			
Calcium 4% • Iron 6%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE SHORTENING (PALM OIL, PARTIALLY HYDROGENATED SOYBEAN OIL, PARTIALLY HYDROGENATED COTTONSEED OIL, COTTONSEED OIL, BHT AND CITRIC ACID), DEXTROSE, SOY FLOUR, YEAST, CORN STARCH, SALT, MONO AND DIGLYCERIDES, WHEAT GLUTEN, SOY LECITHIN, CALCIUM SULFATE, NON FAT DRY MILK, WHEY, ETHOXYLATED MONO AND DIGLYCERIDES, SOYBEAN OIL, EGG YOLKS WITH SILICON DIOXIDE, CALCIUM PROPIONATE (TO MAINTAIN FRESHNESS), CELLULOSE GUM, MONOCALCIUM PHOSPHATE, POLYSORBATE 60, MALTODEXTRIN, AGAR, NATURAL AND ARTIFICIAL FLAVOR, AMMONIUM SULFATE, CALCIUM CARBONATE, ASCORBIC ACID, SORBITAN MONOSTEARATE, SILICON DIOXIDE, DISODIUM PHOSPHATE, LOCUST BEAN GUM, SODIUM BICARBONATE, AMYLASE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE, CALCIUM PEROXIDE, DIAMMONIUM PHOSPHATE.

Contains Egg, Milk, Soy, Wheat.