



**PUMPKIN SPICE  
ORIGINAL GLAZED® DOUGHNUT**

**Nutrition Facts**

Serving Size 1 Doughnut (49g)  
Servings per Container

Amount Per Serving		% Daily Value	
<b>Calories</b>	190	<b>Calories from Fat</b>	100
<b>Total Fat</b>	11g		17%
Saturated Fat	5g		25%
Trans Fat	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	85mg		4%
<b>Total Carbohydrates</b>	22g		7%
Dietary Fiber	less than 1 gram		3%
Sugars	10g		
<b>Protein</b>	3g		
Vitamin A	0%	Vitamin C	8%
Calcium	4%	Iron	4%

\*Percent(%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates	Less than	300g	375g
Dietary Fiber		25g	30g

Calories per gram  
Fat 9 \* Carbohydrates 4 \* Protein 4

Allergens: Wheat, Soy, Milk

OUR FACILITIES PRODUCE PRODUCTS WITH PEANUTS, TREE NUTS, SOY, MILK, EGGS AND WHEAT. WHILE WE TAKE STEPS TO MINIMIZE THE RISK OF CROSS CONTAMINATION, WE CANNOT GUARANTEE THAT ANY OF OUR PRODUCTS ARE SAFE TO CONSUME FOR PEOPLE WITH PEANUT, TREE NUT, SOY, MILK, EGG OR WHEAT ALLERGIES.

**Ingredients: Doughnut** (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Shortening (Palm Oil, Fully and/or Partially Hydrogenated Soybean Oil, and/or Partially Hydrogenated Cottonseed Oil, Cottonseed Oil, and/or Soybean Oil, Mono and Diglycerides and Polyglycerol Esters and/or BHT and/or Tocopherol and/or Citric Acid), Water, Dextrose, Yeast, Natural and Artificial Flavors, Caramel Color, Soy Flour, Salt, Wheat Gluten, Monoglycerides, Lecithin, Monocalcium Phosphate Monohydrate, Sugar, Calcium Propionate (To Maintain Freshness), Dried Milk Powder, Cellulose Gum, Maltodextrin, Calcium Sulfate, Ascorbic Acid, Sorbitan Monostearate, Ammonium Sulfate, Dicalcium Phosphate, Tricalcium Phosphate, Diammonium Phosphate); **Glaze** (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides).



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