

Dipped Cake Doughnuts

07/09/2014

Nutrition Facts

Serving Size 1 Doughnut (78g)

Servings Per Container 6

Amount Per Serving

Calories 340 **Calories from Fat** 190

% Daily Value*

Total Fat 21g **32%**

 Saturated Fat 13g **65%**

 Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 390mg **16%**

Total Carbohydrate 35g **12%**

 Dietary Fiber 2g **8%**

 Sugars 14g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Allergens: Contains Milk, Soy, Wheat